

## Holle Organic Nursing Tea 30 g (Pack of 6, Total 120 Tea Bags)



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From HOLLE

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The blend of organic herbs like aniseed, fennel, caraway and lemon balm in Holle Organic Nursing Tea/Breastfeeding Tea has been carefully chosen and is said to increase and support milk supply, especially towards the end of pregnancy. All ingredients come from certified organic agriculture and meet Holle's stringent quality standards.



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Number of items: 6

Ingredients

30% aniseed\*, 30% fennel\*, 30% caraway\*, 10% lemon balm\* \* from certified organic agriculture Directions

Holle Organic Nursing Tea/Breastfeeding Tea should be taken towards the end of pregnancy and throughout breastfeeding. Holle recommends drinking 3-6 cups a day. Pour approx. 200ml of freshly boiled water over a tea bag and allow to infuse for 5-10 min. Remove the tea bag and allow to cool down before drinking. Box Contains

6 x 30g boxes of 20 tea bags

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